

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2026

STRESS AWARENESS MONTH

<p>EASTER SUNDAY 5</p> <p>10:00: Rise and Shine 10:30: Move to the Music (2D) 11:00: Daily Chronicle (2D) 2:30: Concert with Victoria (1D)</p> <p><small>Easter Sunday</small></p>	<p>9:45: Morning Kickoff 6</p> <p>10:00: Stretch Circle (2D) 10:30: Category Blast (2D) 11:00: Hangman (2D) 2:00: Bingo (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Art</p>	<p>World Health Day 7</p> <p>9:45: Meet & Greet 10:00: Easy Stretch Circle (2D) 10:30: This or That (2D) 11:00: History of World Health Day (2D) 2:00: Karaoke (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D)</p>	<p>9:45: Meet & Greet 1</p> <p>10:00: Easy Stretch Circle (2D) 10:30: Daily Chronicle (2D) 11:00: Hangman (2D) 2:00: Name That Tune (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Puzzles 6:00: Bingo Club (2D)</p> <p><small>All Fools' Day Passover Begins</small></p>	<p>9:45: Rise & Shine 2</p> <p>10:00: Feel Good Stretch (2D) 10:30: Guess the Artist (2D) 11:00: Brainteasers (2D) 2:00: Karaoke (2D) / Crafting with Sha (1L) 3:00: Refreshments (2D) 3:45: Wellness Cart – Music 6:00: Movie Club (2D)</p>	<p>9:45: Meet & Greet 3</p> <p>10:00: Core and More (2D) 10:30: Daily Chronicle (2D) 11:00: Word Within a Word (2D) 2:00: Jeopardy Trivia (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)</p>	<p>10:00: Morning Mingle 4</p> <p>10:30: Sit & Stretch (2D) 11:00: Name Ten (2D) 2:00: Easter Craft (2D) 3:45: Wellness Cart – Word Search</p>
<p>10:00: Rise and Shine 12</p> <p>10:30: Chair Stretch & Relax (2D) 11:00: Daily Chronicle (2D) 2:30: Concert with Victoria (1D) 3:45: Wellness Cart – Library</p>	<p>World Scrabble Day 13</p> <p>9:45: Morning Mingle 10:00: Gentle Mobility (2D) 10:30: Daily Chronicle (2D) 11:00: Finish the Phrase (2D) 2:00: Bingo with Prizes (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Art</p>	<p>9:45: Meet & Greet 14</p> <p>10:00: Happy Hips & Shoulders (2D) 10:30: Would You Rather (2D) 11:00: Trivia (2D) 2:00: Entertainment with Rhonda Denet! (2D) ★ 3:00: Refreshments (2D) 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D)</p>	<p>9:45: Morning Chat 8</p> <p>10:00: Core & More (2D) 10:30: Daily Chronicle (2D) 11:00: Word in a Word (2D) 2:00: Music Trivia (2D) 3:00: Cookies & Refreshments (2D) 3:45: Wellness Cart – Puzzles 6:00: Bingo Club (2D)</p>	<p>9:45: Morning Kickoff 9</p> <p>10:00: Chair Yoga (2D) 10:30: Riddle of the Day (2D) 11:00: Brain Teasers (2D) 2:00: Karaoke (2D) / Game Day (1L) 3:00: Refreshments (2D) 3:45: Wellness Cart – Music 6:00: Movie Club (2D)</p>	<p>National Pet Day 10</p> <p>9:45: Meet & Greet 10:00: Let's Move! (2D) 10:30: Daily Chronicle (2D) 11:00: Pet Therapy w. Kio (2D) ★ 2:00: Movies & Stars (2D) 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)</p>	<p>10:00: Rise and Shine 11</p> <p>10:30: Happy Hips & Shoulders (2D) 11:00: Brainteasers (2D) 2:00: Upbeat Tunes & Adult Coloring (2D) 3:45: Wellness Cart – Word Search</p>
<p>10:00: Meet and Greet 19</p> <p>10:30: Easy Stretch Circle (2D) 11:00: Word in a Word (2D) 2:30: Concert with Victoria (1D) 3:45: Wellness Cart – Library</p>	<p>9:45: Rise & Shine 20</p> <p>10:00: Core & More (2D) 10:30: Riddle of the Day (2D) 11:00: Brainteasers (2D) 2:00: Tea Social & Macarons (2D) 3:00: CHURCH SERVICE (2D) 3:45: Wellness Cart – Art</p>	<p>9:45: Morning Mingle 21</p> <p>10:00: Let's Move! (2D) 10:30: Cranium Crunches (2D) 11:00: Guess the Artist (2D) 2:00: Karaoke (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D)</p>	<p>Earth Day 22</p> <p>9:45: Meet and Greet 10:00: Gentle Mobility (2D) 10:30: Daily Chronicle (2D) 11:00: Earth Day Trivia (2D) 2:00: FOOD COMMITTEE/ RESIDENT COUNCIL (2D) 3:45: Wellness Cart- Puzzles 6:00: Bingo Club (2D)</p> <p><small>Earth Day Administrative Professionals Day</small></p>	<p>National High Five Day 16</p> <p>9:45: Rise & Shine 10:00: Stretch Circle (2D) 10:30: Daily Chronicle (2D) 11:00: Name 5 & High Five (2D) 2:00: Karaoke (2D) / Movie Matinee (1L) 3:00: Refreshments (2D) 3:45: Wellness Cart – Music 6:00: Movie Club (2D)</p>	<p>Arbor Day 24</p> <p>9:45: Morning Kickoff 10:00: Happy Hips & Shoulders (2D) 10:30: Category Blast (2D) 11:00: Hangman (2D) 2:00: Music Trivia (P) 3:00: Ice Cream Social (P) 3:45: Wellness Cart – Music 6:00: Movie Club (2D)</p> <p><small>Arbor Day</small></p>	<p>10:00: Meet and Greet 18</p> <p>10:30: Sit & Stretch (2D) 11:00: Guess the Artist (2D) 2:00: Crafting with Sha (2D) 3:45: Wellness Cart – Word Search</p>
<p>10:00: Morning Mingle 26</p> <p>10:30: Stretch It Out! (2D) 11:00: Daily Chronicle (2D) 2:30: Concert with Victoria (1D) 3:45: Wellness Cart – Library</p>	<p>9:45: Morning Kickoff 27</p> <p>10:00: Stretch Circle (2D) 10:30: Daily Chronicle (2D) 11:00: Name That Tune (2D) 2:00: Bingo (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Art</p>	<p>9:45: Meet & Greet 28</p> <p>10:00: Happy Hips & Shoulders (2D) 10:30: Would You Rather (2D) 11:00: Trivia (2D) 2:00: Karaoke (2D) 3:00: Refreshments (2D) 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D)</p>	<p>9:45: Morning Mingle 29</p> <p>10:00: Let's Move! (2D) 10:30: Name Ten (2D) 11:00: Movies & Stars (2D) 2:00: Passport Series: Japan (2D) 3:00: Japan Food Tasting (2D) 3:45: Wellness Cart – Puzzles 6:00: Bingo Club (2D)</p>	<p>International Jazz Day 30</p> <p>9:45: Rise & Shine 10:00: Gentle Mobility (2D) 10:30: Wacky Wordies (2D) 11:00: Finish the Phrase (2D) 2:00: Karaoke: Jazz Edition (2D) / Game Hour w. Sha (1L) 3:00: Refreshments (2D) 3:45: Wellness Cart – Music 6:00: Movie Club (2D)</p>	<p>Activities may be subject to change based on the needs of our residents.</p> <p>1D: First Floor Dining Room 2D: Second Floor Dining Room 1L: First Floor Resident Lounge P: Patio</p>	

