

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2025 Breast Cancer Awareness Month Complete Care at West Caldwell			International Coffee Day 1 9:45: Meet & Greet 10:00: Chair Yoga 10:30: Coffee & Café Tunes 11:00: Coffee Trivia 2:00: Bingo with Prizes 3:00: Afternoon Refreshments 3:45: Wellness Cart - Puzzles 6:00: Bingo Club (2D) Yom Kippur Begins	World Farm Animals Day 2 9:45: Rise & Shine 10:00: Let's Move! 10:30: Daily Chronicle 11:00: Farm Animal Trivia 2:00: Farmyard Games & Popcorn Corn Cobs 3:00: Afternoon Refreshments 3:45: Wellness Cart – Music 6:00: Movie Screening (2D)	World Smile Day 3 9:45: Meet & Greet 10:00: Happy Hips & Shoulders 10:30: Daily Chronicle 11:00: Jokerster Hour 2:00: Smiley Craft & Photo Booth 3:00: Happy Hour 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)	SATURDAY 4 9:45: Morning Kickoff 10:00: Sit & Stretch 10:30: Daily Chronicle 11:00: Brainteasers 2:00: Fall Craft 3:30: Wellness Cart – Word Search
National Get Funky Day 5  9:45: Morning Chat 10:00: Move to the Music 10:30: Daily Chronicle 11:00: Music Trivia 2:00: Get Funky w. Victoria(1D) 3:30: Wellness Cart - Library	National Mad Hatter Day 6 9:45: Rise & Shine 10:00: Core & More 10:30: Daily Chronicle 11:00: Group Hangman 2:00: Tea Party & DIY Hat Craft 3:00: Afternoon Refreshments 3:45: Wellness Cart – Art Sukkot Begins	7 9:45: Meet & Greet 10:00: Easy Stretch Circle 10:30: Daily Horoscopes 11:00: Word Within a Word 2:00: Karaoke 3:00: Music Trivia 3:45: Wellness Cart – Trivia 6:00: Movie Screening (2D)	8 9:45: Morning Mingle 10:00: Gentle Mobility Moves 10:30: Daily Chronicle 11:00: Jeopardy Trivia 2:00: Bingo with Prizes 3:00: Afternoon Refreshments 3:45: Wellness Cart - Puzzles 6:00: Resident's Choice! (2D)	Curious Events Day 9 9:45: Morning Chat 10:00: Chair Stretch & Relax 10:30: Did You Know? 11:00: Mystery Bag 2:00: Entertainment w. Linda! ★ 3:00: Afternoon Refreshments 3:45: Wellness Cart - Music 6:00: Movie Club with Jeff (2D)	World Mental Health Day 10 9:45: Rise & Shine 10:00: Chair Yoga & Breathing 10:30: Daily Chronicle 11:00: Brain Boost Trivia 2:00: Mindful Coloring & Tunes 3:00: Happy Hour 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)	11 9:45: Morning Mingle 10:00: Let's Move! 10:30: Horoscopes 11:00: Brain Teasers 2:00: Pumpkin Coloring 3:30: Wellness Cart – Word Search
12 9:45: Rise & Shine 10:00: Core & More 10:30: Daily Chronicle 11:00: Finish the Lyrics 2:00: Concert with Victoria (1D) 3:30: Wellness Cart – Library	Train Your Brain Day 13 9:45: Meet & Greet 10:00: Happy Hips & Shoulders 10:30: Daily Chronicle 11:00: Picture That! 2:00: Word in a Word 3:00: Afternoon Refreshments 3:45: Wellness Cart - Art Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	National I Love You Day 14 9:45: Rise & Shine 10:00: Chair Yoga 10:30: Daily Chronicle 11:00: Share Your Love Story 2:00: Love Songs & DIY Compliment Cards 3:00: Afternoon Refreshments 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D) Simchat Torah Begins	Global Handwashing Day 15 9:45: Meet & Greet 10:00: Let's Move 10:30: Daily Horoscopes 11:00: True/False: Germ Edition 2:00: Hand Hygiene Bingo 3:00: Afternoon Refreshments 3:45: Wellness Cart - Puzzles 6:00: Resident's Choice! (2D)	16 9:45: Morning Mingle 10:00: Easy Stretch Circle 10:30: Daily Chronicle 11:00: Name That Tune 2:00: Karaoke 3:00: Afternoon Refreshments 3:45: Wellness Cart – Music 6:00: Movie Screening (2D)	Breast Cancer Awareness ~WEAR PINK~ 17 9:45: Rise & Shine 10:00: Core & More 10:30: Awareness Chat 11:00: Pink Ribbon Pinning Ceremony 2:00: Stories of Strength 3:00: Pink Mocktails 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)	18 9:45: Meet & Greet 10:00: Chair Stretch & Relax 10:30: Daily Chronicle 11:00: Current Events 2:00: Resident's Choice! 3:30: Wellness Cart- Word Search
19 9:45: Morning Chat 10:00: Gentle Mobility Moves 10:30: Horoscopes 11:00: You Be the Judge 2:00: Sunday Songs with Victoria (1D) 3:30: Wellness Cart – Library	International Sloth Day 20 9:45: Rise & Shine 10:00: Chair Yoga 10:30: Daily Chronicle 11:00: Sloth Trivia 2:00: Lazy Day with the Sloths: Crafts & Treats 3:00: CHURCH SERVICE 3:45: Wellness Cart - Art	National Apple Day 21 9:45: Meet & Greet 10:00: Let's Move! 11:00: The Story of Johnny Appleseed 2:00: Healthy Eating Chat with Sandy! 3:00: Afternoon Refreshments 3:45: Wellness Cart – Trivia 6:00: Movie Screening (2D)	22 9:45: Morning Chat 10:00: Easy Stretch Circle 10:30: Daily Chronicle 11:00: Word Within a Word 2:00: RESIDENT COUNCIL/ MENU PLANNING (2D) 3:45: Wellness Cart – Puzzles 6:00: Bingo Club (2D)	23 9:45: Meet & Greet 10:00: Sit & Stretch 10:30: Daily Chronicle 11:00: Music Trivia 2:00: KARAOKE TIME! 3:00: Afternoon Refreshments 3:45: Wellness Cart – Music 6:00: Movie Club with Jeff (2D)	Global Champagne Day 24 9:45: Rise & Shine 10:00: Gentle Mobility Moves 10:30: Daily Chronicle 11:00: Jeopardy Trivia 2:00: DIY Champagne Glasses 3:00: Sparkling Cider Happy Hour & Share a Toast! 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D)	25 9:45: Morning Chat 10:00: Core & More 10:30: Horoscopes 11:00: Did You Know? 2:00: Soft Jazz Music & Adult Coloring 3:30: Wellness Cart- Word Search
26 9:45: Rise & Shine 10:00: Move to the Music 10:30: Daily Chronicle 11:00: Group Hangman 2:00: Karaoke with Victoria (2D) 3:30: Wellness Cart – Library	27 9:45: Meet & Greet 10:00: Easy Stretch Circle 10:30: Movies & Stars 11:00: What Am I? 2:00: Bingo 3:00: Afternoon Refreshments 3:45: Wellness Cart – Art	28 9:45: Morning Mingle 10:00: Chair Yoga 10:30: Daily Chronicle 11:00: Word within a Word 2:00: Pumpkin Patch & Paint! 3:00: Afternoon Refreshments 3:45: Wellness Cart – Trivia 6:00: Movie Club (2D)	29 9:45: Meet & Greet 10:00: Happy Hips & Shoulders 10:30: Daily Chronicle 11:00: Group Hangman 2:00: Passport Series: Egypt! 3:00: Egyptian Food Tasting 3:45: Wellness Cart – Puzzles 6:00: Bingo Club (2D)	National Candy Corn Day 30 9:45: Meet & Greet 10:00: Let's Move! 10:30: Candy Corn Trivia 11:00: Candy Corn Guess Jar 2:00: Bingo with Prizes 3:45: Wellness Cart – Music 6:00: Movie Screening (2D)	H A L L O W E E N 31 9:45: Morning Kickoff 10:00: Sit & Stretch 10:30: Daily Chronicle 11:00: The History of Halloween! 2:00: Entertainment with Kelly! ★ 3:00: Halloween Mocktails 3:45: Wellness Cart – Resident's Choice 6:00: Bingo Club (2D) Halloween	Activities may be subject to change based on the needs of our residents. 

Complete Care at West Caldwell

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(1D) First Floor Dining Room (2D) Second Floor Dining Room (P) Patio